

FRIDAY LUNCH PITSTOP

The cost of lunch is not included with ECMC's weekend fees.

As usual, tentative lunch will be held at Butterfields Cafe 16 Division Street, Deposit, NY

Their menu is available at http://goo.gl/CYFeBx



MIXED GREENS salad toppings will vary based on market availability

SPAGHETTI SQUASH sautéed with almonds

TURKEY MEATBALLS served with dry pesto spaghetti

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GRILLED CHICKEN PARMESAN served with spaghetti and marinara sauce

COLD ANTIPASTO selection of cheese, cold cuts and olives

ASSORTED ITALIAN PASTRIES (conolli, cream puff, cookie, etc)



MIXED FRUIT SALAD fruit selection based on market availability

TORTA ESPAÑOLA
crustless quiche with chorizo sausage
or
CHICKEN CHILAQUILES
chicken stew over tortilla chips

YOGURT accompanied by a selection of seasonal pastries



PINEAPPLE SALAD with mixed shredded veggies

SAUTÉED ESCAROLE with bacon bits

BATTER FRIED PORGY served with seasoned tater tots or SEA BASS EN PAPILLOTE oven rogsted with brown rice

CRAB PUFFS with cocktail sauce

STRAWBERRY SHORTCAKE with fresh whipped cream



MIXED FRUIT SALAD fruit selection based on market availability

CHA SIU PAU bread bun stuffed with roast pork loin

DIM SUM PLATTER
seasonal assortment of steamed and fried dumplings
or
CHICKEN RICE PORRIDGE
served with crullers and salted veggies

TRIST-HAM UND EGGS-OLDE

CHEF(ette) SALAD julienned ham and cheese with hard boiled eggs on greens

GRILLED VEGGIES seasonal veggies grilled with olive oil

GRILLED HAM
served with mashed potatoes and gravy
or
VEGGIE EGG FOO YOUNG
served with peas and rice

DOUBLED DEVILED EGGS hard boiled eggs with wasabi roe garnish

PORTUGUESE EGG TART portable créme brûlée on a pastry shell